

VOICE

AUGUST 1995

Vol. VI, No. 3

SUMMERFEST '95

by Arnold Gross

Looking back at 4:30 am, Saturday, June 3, it's impossible for me to segue from the rain showers at that hour to the ultimately successful SUMMERFEST. I hoped and prayed as I showered that the skies would clear. Finally the rain stopped and the clouds were breaking up at dawn. It drizzled a couple more times just to let me know who was really in charge but by 9:00 we were all bathing in glorious sunshine.

The 5K Fun Run was over and the Tot Trot was underway as the Artists Market became a reality and all the cars and vans cleared the festival area. The sound system for the music stage was being installed after the rain delay as the food vendors prepared their booths for what they hoped would be an onslaught of hungry and thirsty visitors. New faces among the food vendors included Caribou Coffee and Terra Cotta restaurant, working alongside our old favorites, Tim's Homemade, Everybody's Pizza, R.J.s, and Fat Tuesday.

"Straw Man" hurriedly sent his crew to spread scores of bales of wheat straw to prevent ground damage by the anticipated crowd which soon would fill the "Taste of Virginia-Highland" area. The place was humming. By noon there were people EVERYWHERE. The kids were having a ball in Kidsfest, the music had started, food was being consumed, the hot sun stoked beverage sales, and the crowd was spending money in the Artists Market. Heather Krupp and her committee did such a great job that one of the vendors sold out the first
continued on page two



Face painting was one of the cool activities at Kidsfest, part of this year's successful SummerFest.

Virginia-Highland Civic Association Annual Meeting

September 6, 1995
7:30 pm

Inman Middle School Auditorium

Please plan to attend and make your voice heard!

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SUMMERFEST SUCCESS

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day! Betcha he'll be back in '96. The feedback from the various arts and crafts people was overwhelmingly positive. Next year should be a blast with even more to see and buy.

Amey Waterman, chair of Kidsfest, gave new meaning to the expression "dog and pony show" because that's precisely what was happening. Hope you didn't miss the hilarious dog tricks and pony rides.

As I walked up and down Virginia Avenue, these were some of my lasting impressions:

A tree falling and interrupting the 5K Fun Run, thankfully only delays; singles, couples, and families sitting on the grass taking in the wonderful sounds from the stage while Nyna Gentry basked in the sun and the sights before her; Keil Luchey with only a little help, delivering over a ton of ice in 40 lb. bags all over the place; Chris Clark supervising the platoon of Atlanta Police who maintained our record of an incident-free festival; J.D. Christy toting his ever-present camera; Rev. Tim Shirley and Winnie Curry dispatching volunteers to their assignments; Susan Kraham, Randie Siegel and their crew hawking T-shirts and posters; lastly, the crowd, that wonderful mix of people who visited our neighborhood, our festival, and many of the nearby businesses.

While space in this issue precludes my thanking everyone who made SUMMERFEST '95 a success, I do want to express my appreciation to all

of our sponsors, the volunteers who came from all over Atlanta, and our wonderful adjacent neighbors for their patience, support, and realization that what we were doing would ultimately improve the quality of life in our neighborhood. Everyone can take pride in the effort that will net our neighborhood association over \$40,000 to be spent for various local and city-wide support programs. Thank you ALL and we hope to see you again in 1996.

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VHCA CALENDAR

September

- 6 VHCA Annual Meeting
- 12 NPU-F Meeting
- 27 Zoning Meeting

October

- 4 VHCA General Meeting
- 10 NPU-F Meeting
- 16 VOICE Deadline for Ads & Articles
- 25 Zoning Meeting

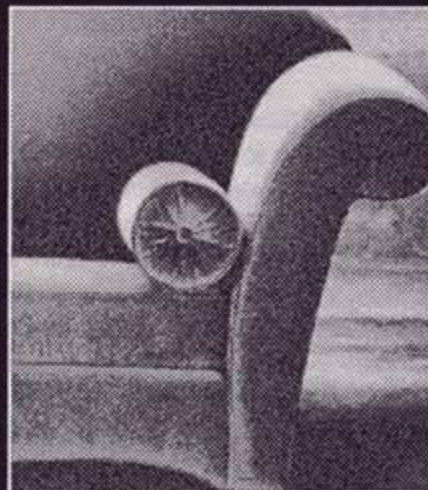
November

- 1 VHCA General Meeting
- 14 NPU-F Meeting
- 29 Zoning Meeting

All meetings are open to the public. Anyone who wishes to discuss a topic of interest to the neighborhood should contact the Board to get on the agenda, otherwise your concern may not get the attention it deserves. Please call 222-VAHI (8244).

The VHCA General Meeting and Zoning Meetings are held at the Ponce de Leon Branch Library at 7:30 PM. The NPU-F Meetings are held at the Morningside Presbyterian Church at 7:30 PM.

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The Virginia-Highland VOICE is a quarterly newsletter published by the Newsletter Committee of the Virginia-Highland Civic Association. Newsletter Committee offices are located at 1142 St. Charles Place NE, Atlanta, Georgia 30306, 404.222.VOICE (8244). Please send information of community interest, including articles, news, upcoming events, and letters to the editors to the above address. Only letters that have been signed will be considered for publication. Deadline dates for articles and advertising are January 15, April 15, July 15, and October 15.

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President's Corner

For the present Civic Association Board this is the end of the year. Next month's meeting is the yearly "annual meeting" and a new board will be elected. Please come to Inman Middle School Auditorium at 7:30 pm on Wednesday, September 6, 1995 and we will make plans for next year.



The year of the Olympics is upon us, and there is a small army of folks adding to, and fixing up their homes. Shall we stay and be a part of the fun, or rent the house and get out of town? You hear this talk all over Virginia-Highland. A lot of hard work has been put into plantings for the Olympics. In our neighborhood, Stephanie Coffin has quietly been planting throughout the neighborhood. This hot, dry summer isn't helping keep things alive, though.

Summerfest was a great success again this year. Lots of people had fun, and we put money in the bank to put back into the community. My grandson thought Amy Waterman's Kidsfest was pretty cool. Jerry Dubner's quick thinking saved his 5K race after I discovered a big oak tree had fallen out of Orme Park across the route! Susan Kraham hawked all the T-shirts and Nyna Gentry's music had us hopping for two days. The Artists market that Heather Krupp, Kathy Barkley and Jennifer Newman put together got lots of good feedback from all, including the artists. All in all, Arnold Gross and his team did us all proud. Thanks to them and the many volunteers.

In the past few months we have provided money for the restoration of two historic paintings at Morningside Elementary, for the Teacher Grant Program at Inman Middle School, and we helped buy uniforms for a new bike patrol for Atlanta Police Zone 6.

A group of neighbors worked together these past few months on a major zoning issue in the St. Charles-Greenwood area. On July 28th their efforts paid off. The Atlanta Board of Zoning Adjustment voted not to issue two special exceptions to Cartel Properties Inc. of Buckhead. Like most difficult zoning issues, there was some merit to the proposed project. It would have helped redevelop the Ponce corridor. Its size was the problem. At 27,000 square feet, accommodating up to 2000 patrons on a good dry night, this restaurant/entertainment complex had only three on site parking spaces. Provided parking was off site valet parking. Neighbors in the area felt that this complex (arguably the largest in the city) would overwhelm them, since all access to the property was to be from Ponce Place — a two-lane residential street. Money and emotions are a big part of zoning issues, and our neighborhood has more than its share! I wish we didn't have to, but if we don't confront these issues, some of our neighbors' quality of life will suffer.

So as not to end on that somber note, remember we have a fun neighborhood to shop, eat, drink, and live in. The Kidscape in John Howell Park is now open (thanks to Rick & Jerry & Tinka). Get involved, folks! See you September 6th at 7:30 pm.

J. D. Christy

PS: Thanks to Martha Hall for all her help for our neighborhood over the past few years. Martha has moved on to a new job after some years in Councilperson Mary Davis' office. Rachel Tobin is Mary's new assistant.

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Tips From the Trade

by Paula Miller

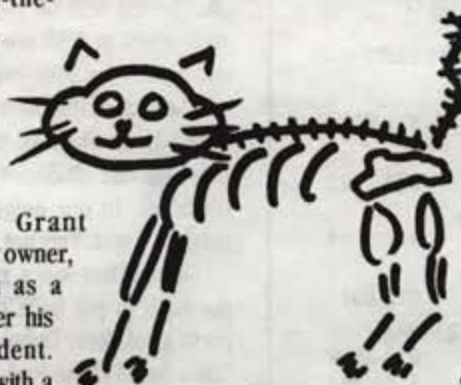
Kliphph Where? It's the Kat's Meow
Virginia-Highland is recognized for its wonderful restaurants, contemporary stores and nightlife packed with entertainment. It's also recognized for offering what I call, a "purpose behind the purchase". Like *The Common Pond* and *Earth Baby*, many of the stores are clearly in business to do more than make a buck.

Kliphph Where? is no exception. Pronounced Cliff Wear, this new clothing line not only satisfies the neighborhood shopper's need for something cool and unique, it also supports a cause with paws. *Kliphph Where?* donates 5% of its earnings to local animal shelters.

Started by three entrepreneurs in the neighborhood, *Kliphph Where?* clothing captures the spirit of a cat named, appropriately, Kliphph. Easily recognized by its distinctive Kliphph-the-kat design, the clothing is, as described in *Kliphph Where?* terms, "kool, kolorful and a little different." Grant Gilliland, Kliphph's owner, created the design as a tribute to Kliphph after his loss in a car accident. "Kliphph was a stray with a great personality," said Gilliland, "we feel *Kliphph Where?* captures his spirit plus does something good for other animals." The writing on the back of the hat

also sums up Gilliland's feelings about Kliphph, simply stating "He was a good kat."

Currently available only in baseball caps, *Kliphph Where?* intends to expand its line. "The response has been incredible," said Dave Koch, one of the partners, "We're trying to keep up with customers' orders while working on creative ideas for new items." So what's next? "We've had a lot of requests," said Koch, "We're evaluating all of the options so we can give our customers what they want." Based on the response I've heard from *Kliphph Where?* customers, I think they've already accomplished that goal.



HE WAS A GOOD KAT

Hands On Atlanta Serve-A-Thon

Want to join in on the fun and service of Hands On Atlanta Day 1995? It's time to begin preparing for the 5th annual Hands On Atlanta Serve-A-Thon. The one-day community event will kick off October 7th at the Georgia Power Park. The Serve-A-Thon asks volunteers to raise money for each hour they will work. It also provides an excellent opportunity for people to work together and see what a difference a day makes. The money raised from the event is used to support more than 3,000 community service programs year round.

While Hands On Atlanta Day attracted more than 10,000 participants last year, the non-profit organization anticipates even more community involvement this year and is preparing projects and activities for 12,000 volunteers. For more information, contact Hands On Atlanta at 872-2252.



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About Kliphph Where?

Kliphph Where? is a locally-based business that sells its items through retailers, catalogs and other distributors. Currently available in Maddix Deluxe and Highland Pet, as well as Maddix Deluxe in Charleston, SC, the Kliphph hat is easily recognized by its unique Kliphph-the-kat design printed on the front and the "He was a good kat" statement on the back. A creative story about Kliphph also accompanies each hat, providing shoppers a better understanding of the Story of Kliphph.

To order *Kliphph Where?* caps directly or to submit a request for the next Kliphph *Where?* item you'd like to see, contact 607-1654 or 892-4437.

LIBRARY NEWS

Ponce de Leon Branch
980 Ponce de Leon Ave., NE



Program Schedule for September - November 1995. For more information, call 885-7820

PROGRAM	DATES	TIME	AGES
Sleepytime Stories	Monday, Sept. 11 - Nov. 27	7 pm	ages 3-5
Time for Twos	Tuesday, Sept. 5 & 19, Oct. 3 & 17, Nov. 14	10 am	age 2 with an adult
Story Time	Wednesdays, Sept. 6 - Nov. 29	10 am	ages 3-5
Atlanta Radio Theatre	Monday, September 18	7:30 pm	all ages
Poppin' Crafts	Saturday, September 16	2 pm	ages 6-12
Carol Lee Lorenzo	<i>A Reading from Nervous Dancer</i> Monday, October 2	7:30 pm	all ages
Creepy Crafts	Saturday, October 28	2 pm	ages 6-12
Discover Crafts	Saturday, November 18	2 pm	ages 6-12

John Howell Park Project



by Tinka Green

Oh, ye of little faith! The playground is finished! And it looks smashing. Half the Board was out there sliding as soon as it was up, and all you parents who have been patiently or impatiently awaiting its completion can try it out with your kids. I know it seems like forever since we started the plans but it was certainly worth the wait. Now on with the rest of the Park. We still have a lot of work and fundraising to go, but it is nice to see some results.

The Virginia-Highland Business Association's Taste of Virginia-Highland was a very pleasant evening in the Park with good food from our neighborhood restaurants. It coincided with the weekend event of the First Union Bike Race. The Park received approximately \$600 from the Business Association and the event promises to be an annual good time.

In the early summer, the famous Olympian, Greg Louganis, was at a book signing at Outwrite Bookstore. Philip Rafshoon, the owner, presented the Park with \$3,000 from the proceeds of that successful event.

People's generosity bespeaks of their interest in the Park's completion and everyone is working for that end.

The returned art surveys told us that you prefer a traditional or classical figurative sculpture constructed of metal or stone, from 10 to 15 feet high with lighting and expressing the message of "Hope." The Virginia-Highland Civic Association Board gave the Park Board a vote of support to pursue the selection of the art work for the ellipse based on the survey results. It will be an expensive venture but "hopefully" not as lengthy as the Playscape. We have a mascot now, appropriately named Hope, Rick and Jerry's puppy. Things should be looking beautiful in the Park by the time she is toilet trained.



Rick Porter (right), John Howell Park Project Manager, presents Philip Rafshoon, owner of Outwrite Bookstore, with a Park Pride Atlanta certificate in thanks and recognition for the \$3000 gift Outwrite presented to John Howell Park.

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Tree News

by Stephanie Coffin



New Tree Ordinance Takes Effect (City Code: Section 10-2037). In January 1995, the City of Atlanta began enforcing a new tree ordinance. "It is a drastic change," said City of Atlanta Forester Jay Lowery. "We waited a year to enforce it in order to notify the public, all tree companies, and tree surgeons."

The tree ordinance protects all trees that are at least 6" in diameter when measured at chest height, or 4 1/2 feet. No tree 6" or larger can be cut down by either an individual landowner or a commercial landowner without a permit. The permit is free. It can be requested at City Hall East, 645 Ponce de Leon Avenue, NE. If the permit is granted, another tree or several trees must be replanted to replace the tree that is removed. The replacement trees must be shade trees such as oak, maple, sycamore, or cypress. They cannot be understory trees such as dogwoods or crepe myrtles.

The one exclusion to the law is to allow a landowner to cut down a single tree if it is declared a hazard by the City Forester. This wording is interpreted by the city to mean that the tree is dead.

The main purpose of the law is to protect Atlanta's tree canopy. If you see someone cutting down a tree of the size described above, ask to see the permit. If the person does not have a permit and it is during business hours, call the City Forester's office at 817-6752. If the tree is being cut down after hours or on the weekend, Lowery suggests calling the police. They have been instructed to enforce the tree ordinance and stop the tree cutting.

The fine for cutting down a tree without a permit is \$1000 and replacement of the tree. Lowery said that his office takes people

to court. They also supervise the planting of new trees by violators.

City Forester Lowery was asked for suggestions for tree health. He said there are three things everyone can do. (1) **Protect the trees we have.** Call the Georgia Forestry Commission, 294-3550, if your tree has been damaged. They will send someone out to look at it. (2) **Plant more shade trees.** Atlanta is losing its "second forest" and needs to be planting its "third forest" now to protect the canopy. Besides oak, maple and sycamore, Lowery recommends lindens and zelkovias. (3) **Participate in the city tree replacement program.** Call if you want the city to plant a tree in the right-of-way. The city has dogwoods, redbuds and crepe myrtles to plant on a first-come first-served basis. The Virginia-Highland Neighborhood Association also has its own tree planting project. Fill out the coupon if you want a tree planted in your strip. Help keep our city green and cool.

WHOOOPS! THEY'RE LAVENDER, NOT WHITE! The crepe myrtles that were planted along Highland Avenue were supposed to be Natchez, a white blooming crepe myrtle. Due to a mix-up, they are Lipan, a lavender blooming myrtle. Twenty four of the trees have not leafed out yet but are still alive. The City Forester has recommended replacing them in the fall only if they die. They are expected to leaf out the next season. They will grow to 15 feet tall and as wide as 12 feet. The trees that did bloom this year were spectacular. Thanks to the City of Atlanta for the trees.

In August, the Supreme Court upholds the City's tree planting program for parking lots. How will we be impacted by this decision? Stay tuned.

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interesting
story
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School Roundup

The school year at Morningside Elementary School starts on August 28, 1995. Hours will be 8:00 a.m. to 2:30 p.m. An Open House will be held on August 25, 1995 from 9:00 a.m. to 11:00 a.m. for students and parents to meet their teachers. The 1995-96 PTA Officers are: **President** - Suzy Hunt; **Vice President/Planning** - Karen Carter; **Vice President/Fundraising** - Carolyn Riordan; **Treasurer** - Larry Nichols; **Assistant Treasurer** - Marianna Anderson; and **Recording Secretary** - Andi Lennon.



The school year at Inman Middle School starts on August 28, 1995. Hours will be 8:00 a.m. to 3:00 p.m. Teachers will report on August 22, 1995. The PTA Officers for 1995-96 are: **Co-Presidents** - Al and Ruth Carbone; **Co-Presidents Elect** - Jo Ann Kearns and Debbie Miller; **Secretary** - Cynthia Jackson; and **Treasurer** - Marianna Anderson.

The school year at Grady High School also starts on August 28, 1995. The PTA Officers for 1995-96 are: **Co-Presidents** - Jean Crow and Pat Showell; **Vice President** - Ginger Fridlin; **Secretary** - Tricia Dietz; and **Treasurer** - Tom Leslie.

Enjoy the last days of Summer 1995!

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Finally, An Intown Farmers' Market

From the ashes of pesticides and chemicals, a phoenix has arisen and in the Indigo Restaurant parking lot every Saturday morning from 8:00 a.m. until 11:00 a.m., you can see it for yourself. There you will find organically grown fresh vegetables of every kind, cut flowers still covered with dew, and herbs of every description.

The Farmers' Market, which opened in June 1995 has many parents. Cynthia Hiser, food critic for the Atlanta Journal & Constitution, helped form the Georgia Cooperative, a group of farmers either certified or in the process of being certified by the Georgia Organic Growers Association (GOGA). The farmers and gardeners of the Georgia Cooperative supply their fresh produce, flowers, and herbs to most of the health food stores and groceries in the Atlanta area, as well as to some of the best restaurants in Atlanta, including the Dining Room at the Ritz-Carlton, Bacchanalia and, of course, Indigo, which was instrumental in assisting the birth of the Farmers' Market by supplying the location.

But the beauty of this mini-market lies in its people and what they have grown. The Georgia Cooperative has its own stand, which is filled with produce unclaimed by the stores and the restaurants. But what leftovers! Fresh corn, tomatoes, peaches, squash, all homegrown in Georgia and harvested just that week. There are individual stalls as well and the names of these farms and the people who work them are just as fanciful as the crops they grow.

Healing Heart Herbs is the farm of Fran and Bill Moorehead in Elberton, Georgia. They specialize in heirloom vegetables. Heirloom vegetables are grown from nonhybridized seeds like those used by our forebears. The Mooreheads specialize in many different varieties of tomatoes, including one with the wonderful name "Radiator Charlie's Mortgage Lifters!" The name is pretty self-explanatory. Charlie had a mortgage, owned a radiator shop, and grew tomatoes for sale in order to pay off the mortgage.

Louise and Gerald Blume's farm is in Claremont, Georgia. Out of 153 acres, they cultivate only two, an avocation that Gerald says sprang from the victory gardens grown during World War II. Purple Moon Farm in Acworth, Georgia is owned by Bonnie and Norman Nichols. They specialize in berries, figs, and cut flowers. Bonnie also sells wild flower seeds, including black-eyed Susans, mixed hibiscus, and jasmine flowering tobacco. Norman is also a member of the board of directors of GOGA and an inspector with GOGA.

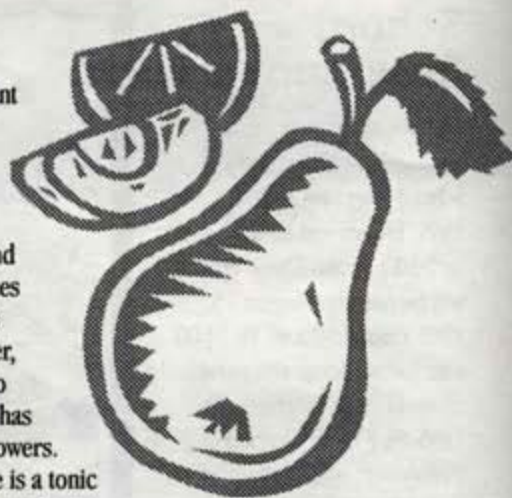
Decimal Place Farm is Mary Rigdon's dream right here in Atlanta. The name of the farm is understandable when you know that her house and gardens sit on 1/10th of an acre. Mary specializes in herbs such as rosemary, lemon balm, and purple basil, as well as edible nasturtiums which add a peppery taste to salads.

Wildflower Organics is the farm of Bernadette Beck and Andrew Goldstein in Dawsonville, Georgia. The cultivated three acres of their 36 acre farm produce green tomatoes, cucumbers, shiitake

mushrooms, and elephant garlic, among other things. Bernadette also specializes in cut flowers such as zinnias, snapdragons, and gladioli, and she produces flower essences: potions made from flowers, water, and brandy. According to Bernadette, each flower has healing and balancing powers.

For example, chamomile is a tonic for emotional stress and sunflower helps one's relationship with one's father. It's a fascinating concept.

So visit the Farmers' Market on Saturdays. You will be as captivated as I was by the people and the bounty of their labor. But come early, the word is out!



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Environmental Potpourri

by Nan Hunter



I am going to "reuse" the words of Gene Karpinski, Executive Director of U.S. PIRG, an environmental watchdog group based in Washington, D.C. He says that over the last 25 years, we have made great strides on the environmental front but "the new members of Congress are turning a blind eye to these (the continuing) problems. Worse, they're on the verge of turning back most of the environmental progress we've made..." This includes making our drinking water more carcinogenic, bulldozing fragile areas for real estate ventures, dumping more toxins in our rivers, etc. Am I missing something here? Don't our politicians and their families drink the water, swim in the lakes, breathe the air? Who are they kidding? How can we not agree on issues so basic to everyone's health and well-being? It amazes me how short-sighted and selfish so many people are.

The Dutch government is now recycling paints and recovering 15,000 tons of fuel annually. We fill up our landfills with grass clippings!

Fourth-grade students at Cleveland Avenue Elementary School study the environment and have some very sound precycling ideas: "If cookies come inside a bag, there's no reason for a plastic tray." - L. Sloan. Did you hear that, Nabisco? "Eat snacks with their own natural packaging such as apples and bananas." - D. Wood. "When you find an example of wasteful packaging, look for the 800 number on the package and call." - W. Ajayi.

We can all do more for our Earth and our future. Just remember the motto: Reduce, Reuse, Recycle and as those 4th graders have learned - Precycle!

PS: Remember, Southern Recycling picks up everything else the city doesn't take - on Mondays, too! Call 330-8253.



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give no medicine but
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in the care of the human frame,
in diet, and in the cause
and prevention of disease.*

—Thomas A. Edison

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Chiropractic Clinic
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874-2002

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Tuesday 8-12
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ATLANTA'S HOMETEAM™

COLONEL MUSTARD WITH A KNIFE IN THE KITCHEN

ST. CHARLES DELI

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876-3354

There are 27 sandwich selections plus a bunch of burgers and salads and egg dishes so you shouldn't have any trouble finding something you'd like. After much deliberation, I finally chose a turkey burger. I know, I know, not very inspired, but I easily get overwhelmed when there are too many choices. The turkey burger wasn't inspired either but it was adequate and just how inspiring should grilled turkey be. It was piled high for big bites with lettuce, onions, tomatoes, and condiments but I could have used a pickle. There were plenty of waffle french fries and I spiced everything up with Tabasco. Upon reflection, I decided I should have gone with my first desire, the Monte Christo, and later some friends corroborated this, so next time...

My companion had the spinach salad without meat. The dressing on the side had an unusual flavor we pegged as liquid smoke. In fact, it was cloyingly smoked like some things are cloyingly sweet. A couple of bites were interesting but, unlike my friends who finished it off, I couldn't have handled the whole salad.

This phenomenon of who likes what is so intriguing to me. It seems like a successful restaurant is the luck of the draw of customers. Given this logic, I suppose any place could make it, but, of course, some do and some don't. It's like magic, isn't it? So St. Charles Deli gets 2 hot dogs.

There was a big crowd and the waitperson was very patient with our lengthy perusal of the menu.

There is a display case of desserts at the entrance but my heart wasn't in it. The next day I went back and had a praline chocolate tart which was OK, not great and cloyingly sweet. In fact, despite the array of fancy desserts, the display had a rather sad look to it. Somehow I don't think it will matter to St. Charles Deli's business if I don't dine there often.



dr. jennifer b. sadock chiropractor

Little Five Points
427 Moreland Avenue
Atlanta, Georgia 30307
(404) 523-1000

Virginia Highlands
1164 N. Highland
Atlanta, Georgia 30306
(404) 724-9395

PROFESSOR PLUM WITH A CANDLESTICK IN THE LIBRARY

All books are available at the Ponce de Leon Branch Library

AS MAX SAW IT

by Louis Begley (available at the Sandy Springs Branch - call for delivery to the Ponce Branch)

Max seems to find comfort in old friends although it has taken him many years to see them as they really are. One, Charles, has become a famous architect and, finally, in middle age he has grown easy with his gay self and has a young boy, Toby, living with him. Toby is very handsome and sure of himself. In fact, Toby is so attractive and personable that Max's discovery that his ex-wife had an affair with the young man is dismissed as inconsequential even though it took place while Max was still married to her and Toby was with Charles. It probably helps that Max has now re-married for the third try. This new wife was a friend for some time before there was romance and that has proven a better formula for Max who is now looking forward to becoming a father.

Charles has stayed with Toby through innumerable emotional travails and Max has watched and wondered. Now Toby is dying of AIDS. Charles' final act will surprise and shock, and it will reveal more about love than we usually understand. This is a first-rate, unusual love story that is well worth the effort to obtain from the branch outside our neighborhood, which is actually a very simple procedure. On the Library computer, look up the book, see what branch has it available, call that branch, and have it sent to Ponce. They will call you when it arrives. You can then return it to Ponce and from there it will go back to its original location. Easy!

UGLY WAYS

by Tina McElroy

Mudear (short for Mother Dear) seems like an endearment, but not when it's used by this mother's three daughters. Betty, the oldest and most responsible, had to take it upon herself to raise her two younger sisters after their mother's "change." Betty owns two very successful hair salons in the hometown and has spent her years seeing to it that her mother and father had everything they needed. Financially successful she is; emotionally successful she is not. Her responsible nature hasn't prevented her from taking a young, very young, lover but she longs for a more lasting, mature relationship.

Emily, the second daughter, is the one most yearning for a man. She has a reliable state job as a steady psychologist in Atlanta, 150 miles from the hometown. Every weekend she drives back to Betty's shop to have her nails and hair done.

Annie Ruth, the baby, has achieved minor fame as a newscaster now working in Los Angeles. Seemingly tough, she nevertheless has had a nervous breakdown on camera and sees threatening cats everywhere. She is also pregnant and determined to have the child without knowing the father's identity.

Mudear has died and these disturbed daughters have gathered to bury her and fight their demons, all of which bear her name. Poor Poppa has been completely emasculated after having started out in life as a tough guy always running things, including his wife. He lost it when Mudear "changed" and he has grown old and tired with Mudear as his demon, too.

This story is funny, loving, painful and strange. While Mudear's "change" made these sisters' childhood difficult and colored their adulthood, they're about to get over it. Find out how.



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Green with Energy

by Sarah Tomaka

Following these tips will aid in making your home and lifestyle earth-friendly. For more information on energy conservation, write or call: Office of Energy Resources, 254 Washington Street, SW, Suite 401, Atlanta, GA 30334; 656-5176.

In Virginia-Highland, most of our houses are older and may not have been updated for energy efficiency. Even so, without going to a lot of expense, we can change our homes and make them kinder to the planet. The choices you make can make a difference without drastically altering your life.

Even though September is still warm and balmy in Atlanta, winter is just around the corner. This is a great time of year to determine areas in your house that need weatherization. Twenty-five to forty percent of your heating and cooling bills could be due to lack of weatherization. Follow these ideas for some of the most cost-effective measures you can take to reduce your bills. Keep in mind, too, that cutting the use of electricity also cuts carbon-dioxide pollution.

1. PLAN THE FIX: Call your local utility for a no- or low-cost energy audit. Or call a home energy professional who, for a \$50 - \$150 fee, will look for areas needing improvement, even if you plan to do the work yourself.

2. FIX THE MOISTURE: Chances are good that you will find a need to insulate, caulk and otherwise fix air leaks. But before you do, you should fix moisture problems so the insulation you install doesn't get ruined. Moisture also causes wood to rot and encourages growth of unhealthy mold and mildew. Use **bathroom and kitchen exhaust fans** - making sure they ventilate to the outside, not crawlspaces! In the basement, use a **de-humidifier** and remember to empty it frequently (use it to water plants!). Also, place a 6- to 10-mil **polyethylene vapor barrier** on the ground of your crawlspaces. Use **vapor retarding paint** in your living areas. Fix **exterior drainage problems** around the foundation and downspouts.

Q: Don't you use more energy warming up the house if you turn down the thermostat when you leave for work?

A: No. You always save by turning down your thermostat (except with some older heat pumps).

3. FIX THE LEAKS: First go after the obvious, large holes such as **open or missing fireplace dampers**, around the **drain under tubs and sinks**, around **ventilation pipes**, and behind **drop ceilings**. Then repair windows and doors, outlets and switchplates, and light fixtures. Materials for fixing these leaks are varied and specific to the various needs you will have. **Caulk** is great for cracks thinner than a pencil. **Spray foam** works best for holes up to a couple of inches (it's messy, but it looks cool!) **Rigid foam insulation** works well for larger areas that need covering. You may need to caulk or spray foam around the edges of the rigid insulation. **Weatherstripping** is used for doors and windows you want to be able to open throughout the year. **Door sweeps** keep out drafts and, in the summer, keep out bugs. **Foam rubber gaskets** fit behind outlets and switchplates.

4. FIX THE HEAT: Tune up your furnace every one to two years. **Insulate pipes** and seal and insulate heating ducts.

ENERGY FACTOR

Each year in the U.S. about \$13 billion worth of energy - in the form of heated or cooled air - or \$150 per household escapes through holes and cracks in residential buildings.

Clean or change filters. Vacuum cobwebs out of registers. **Bleed air** out of hot-water radiators. Install a **programmable thermostat**. It will automatically turn down the heat when you go to bed or work and warm up the house before you get up or back home. Check your **fireplace** regularly - keep it **clean** and **improve the seal** of the damper. Lastly, if you're in the market for a new heating system, a **heat pump** is the most efficient form of electric heat. A heat pump puts out three times more energy in heat than it consumes in electricity.

Q: Can't you warm up the house more quickly if you turn the thermostat up to 90°F initially?

A: No. Setting the thermostat higher causes the heater to go over the desired temperature, which wastes energy.

5. FIX THE WINDOWS: Fix broken panes and glazing and caulk to seal any leaks. Install **plastic barriers** on the inside of windows - but not the ones you need for fire escape! Repair existing or install new **storm windows**. Install **insulating shades** or pop-in panels or shutters. Build **valances** for curtains to keep cold air from circulating behind the curtains. **Close the curtains and shades at night** and **let the sun shine in during the day** - especially on the south side of the house.

Sources: *Homemade Money* by Richard Heede and the staff of Rocky Mountain Institute and Consumer's Union

593 Dutch Valley Road, N.E.
Atlanta, Georgia 30324

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VIRGINIA-HIGHLAND CIVIC ASSOCIATION INFORMATION SHEET

Name/Names of Residents

Address

Phone (home) Year moved to Virginia-Highland neighborhood

Individual Family Membership (circle one)

Interests/Hobbies

Comments and concerns about living in this neighborhood

Please circle which committees of the Civic Association on which you would like to volunteer:

Public Safety	Membership	Budget	Parks
Zoning and Parking	VAHI Voice	SummerFest	Other

Please fill out and return with \$10 dues payment to:

Virginia-Highland Civic Association, PO Box 8401, Station F, Atlanta, GA 30306
For information, call 222-VAHI (8244)

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Ever had that unpleasant experience
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to do its' business in your yard?

YUCK!

Please be nice -

carry a plastic bag with you and scoop the poop!
Your neighbors will love you and your dog!



VIRGINIA-HIGHLAND VOICE ADVERTISING RATES

Size	Length	Height	Rate
1 inch	2 1/4"	1"	\$20
2 inches	2 1/4"	2"	\$30
3 inches	2 1/4"	3"	\$40
1/6 page v.	2 1/4"	5"	\$50
1/6 page h.	5"	2 1/2"	\$50
1/4 page	3 3/4"	5"	\$75
1/3 page v.	2 1/2"	10"	\$100
1/3 page h.	7 1/2"	3 1/2"	\$100
1/2 page	7 1/2"	5"	\$150
Full page	7 1/2"	10"	\$300
Business card	3 1/2"	2"	\$35
Business card	2"	3 1/2"	\$35

Artwork: All artwork must be provided in the form of black and white camera-ready copy.

Deadlines: January 15, April 15, July 15, and October 15. These dates are one month prior to publication and distribution.

Payment: All payments must accompany advertisements. Checks should be made to Virginia-Highland Civic Association and sent to 785 Adair Avenue NE, Atlanta, Georgia 30306.

Discounts: A discount is given for four consecutive appearances of an advertisement. The discount is the equivalent of half of the fee for the fourth advertisement. In order to receive the discount, a contract must be signed, and the discount does not apply to back page advertisements.

Distribution: The Virginia-Highland VOICE is distributed to over 4,000 households and businesses in the Virginia-Highland area.

Classified Advertisements: All classified advertisements cost \$2 per line, and the VOICE reserves the right to edit all advertisements. Please send Classified advertisements to: The VOICE, 785 Adair Avenue NE, Atlanta, Georgia 30306

For additional advertisement rates or information, call 222-VAHI and punch #3.

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